

Camp Courageous Travel (Week-long) Suggested Clothing list

Items to pack	Suggested	Packed	Items to pack	Suggested	Packed
Jeans/ Long Pants	4		Travel sized Body soap Shampoo/Conditioner	1 each	
Shorts	4		Toothbrush Toothpaste	1 each	
Shirts	5-6		Hairbrush/comb	1	
Jacket/sweatshirt	1		Deodorant	1	
Underwear/bra/socks	1 per day		Razor Shaving cream	If needed	
Pajamas	4-5		Glasses Hearing aids Dentures	If needed	
Comfortable shoes	2		Swimsuit	1-2	
Water shoes	1				
Laundry bag	1		Briefs/pads/wipes	If needed	
Rolling Suitcase	1		Feminine hygiene Products	If needed	
Backpack/ purse/fanny pack	1		Adaptive equipment (List all packed)	If needed	
Photo ID	1		Sunglasses Hat	If wanted	

- Please pack clothing in a suitcase that has rollers or wheels that the Camper can roll themselves. All Campers are responsible for carrying or assisting with their own luggage. We will assist when needed, but we encourage as much independence as possible.
- Due to limited space, we ask that all Campers limit their luggage to one suitcase or bag and only the suggested and needed items. Only bring a small personal bag if there is something that the traveler must have available to them as we travel, ie....snacks, cd/mp3 player, a book or small tablet.
- When packing adjust this list to meet the individual Campers needs.
- New shoes may not be the best for a trip if you are going to purchase new shoes do so in time for the shoes to get broken in and will not hurt the Campers feet when walking.
- Please have all belongings permanently marked with the Campers full name.
- Camp staff can only help Camper's shave with electric razors.

*****Camp Courageous Travel is not responsible for any lost, stolen, or damaged items. *****